

## CALL US IF.....

- PAIN IS UNCONTROLLABLE
  - If you are following all guidelines and your pain is still unmanageable, call Dr. Williams or Rosie, or go to the ER.
- YOU DEVELOP A RASH WITH DIFFICULTY BREATHING OR ITCHING
  - You can be allergic to anything, even if you have taken it before with no problem. Itching is a common side effect of narcotic pain medicines and is annoying but not dangerous. However, development of a rash, itchy mouth or throat, tingling or swelling of lips or tongue are signs of a true allergic reaction and must be acted upon quickly. Go to the ER.
- YOU DEVELOP PAIN IN YOUR LOWER LEG
  - Onset of pain, redness or swelling in one of your legs during or after a period of inactivity could be signs of a DVT or Deep Vein Thrombosis (blood clot). This is a potentially dangerous problem that needs to be addressed immediately.
- YOU HAVE CHEST PAIN/ DIFFICULTY BREATHING
  - Can be a sign of a Pulmonary Embolism or blood clot that is in the lungs. This is a reason to go directly to the ER.
- NUMBNESS OR TINGLING
  - Could simply require loosening your dressing or could be more serious. Call Dr. Williams or Rosie. If you had a regional block to numb your arm for surgery, this may last up to 20 hours. These blocks can wear off slowly or rapidly. Do not wait for the block to wear off before you start taking your pain medicine.
- SIGNS OF INFECTION
  - Include redness, swelling, heat, increasing pain, cloudy or foul smelling drainage. Call Dr. Williams or Rosie.
- YOU HAVE CONCERNS OR ARE NOT SURE ABOUT SOMETHING
  - We are here to help you , educate you, take care of you, and reassure you.

If you cannot reach us, please go directly to the ER